



Message from the Medical Director



Happy New Year! As we welcome a new year, I want to thank the OHQA team for their hard work and dedication in 2019 as we continue to work together to improve the quality of care for our patients.

We had several successes in 2019, including growing our primary care membership by 37%; identifying high-risk patients; tracking quality metrics

and documentation of care coordination; all of which were enhanced through our Philips Wellcentive platform. We began receiving monthly data from Cigna and Aetna through our Shared Savings Agreements, which is helping to reduce the total cost of care by identifying patients in need of case management and closing gaps in care.

The new year has already begun with a big win as we negotiated an agreement with FIGmd for our members who participate with the CareFirst PCMH program. FIGmd will allow a direct data link to Philips Wellcentive. This included a 30% discount on the yearly FIGmd provider costs, providing a significant benefit to 25 primary care practices within the OHQA.

In 2020, we will find ways to highlight our specialty-based care and increase coordination and referrals within our network. I look forward to working with all of you in 2020 to help us achieve our shared vision to provide the best possible care for our patients through collaboration and innovation.

Mindi Cohen, DO

Medical Director, One Health Quality Alliance

Welcome!

Adult and Pediatric Clinic, PC

14816 Physicians Lane, Ste. 152
Rockville, MD 20850

Advanced Gastroenterology

10110 Molecular Dr., Ste. 111
Rockville, MD 20850

Comprehensive Medical Care, LLC

11120 New Hampshire Ave.
Silver Spring, MD 20904

ENT Professionals of Maryland, LLC

6196 Oxon Hill Road, Ste. 250
Oxon Hill, MD 20745

6201 Greenbelt Road, Ste. M-11
Berwyn Heights, MD 20740

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Our Mission

Working together to improve the quality of care and patient outcomes through collaboration and innovation.

Welcome!

Continued.

Hirsch Pediatrics, LLC

15235 Shady Grove Road, Ste. 105
Rockville, MD 20850

Madhavi Hubby, MD, LLC

12116 Darnestown Road, Ste. #L5
Gaithersburg, MD 20878

Maternal-Fetal Medicine Associates of Maryland

10110 Molecular Dr., Ste. 218
Rockville, MD 20850

Potomac Advanced Medical Care

2401 Research Blvd., Ste. 370
Rockville, MD 20850

Potomac Valley Pediatrics

11908 Darnestown Road, #H
North Potomac, MD 20878

Schreiber Allergy, LLC

9601 Blackwell Road, Ste. 275
Rockville, MD 20850

Sireesha Jalli, MD

2401 Research Blvd., Ste. 330
Rockville, MD 20850



Board Updates

The Board approved new member criteria:

- EMR must support Phillips Wellcentive transport protocol
- 75% attendance is required for Board or Committee members at Board or Sub-Committee meetings
- Practice Engagement
 - If participating in the Shared Savings Program, 75% attendance is required at Quality Committee meetings and identification of a Quality Champion to address gaps in care
- Criteria for rejoining the OHQA requires Board approval and a two-year wait time period
- Participation in FIGmd through Phillips Wellcentive is required for providers participating in the CareFirst SSP/FFS

Committee Updates

- Jason Brodsky, MD, has been approved as the new chair of the Contracting Committee.
- The Quality Committee has completed the 2019 Process Improvement Project to increase breast cancer screening documentation. There was a 32% increase in documentation in the EMR and we reached our target of 50% documentation.

2020–2022 Board Approved Goals

Working together, the OHQA Physician Partnership goals will help us achieve better quality outcomes and cost management for our patients. Initiatives to support our goals will focus on:





Retreat Highlights

In November 2019, the OHQA held its annual retreat to bring together physicians and other healthcare experts. Highlights included:

- Physician Well-being
- Risk Stratification
- Telehealth

For more information about the free Physician Well-being Coaching, contact James McKenna at James@Mckenna.org or call 240-888-8049.



Focus on Payors

In 2019, the OHQA secured ten additional fee-for-service agreements and one shared savings agreement:

- Cigna shared savings agreement effective January 1, 2019
- Adventist HealthNet, Conifer, CorVel, Devon Health Inc., Johns Hopkins EHP, Johns Hopkins USFHP, Johns Hopkins Priority Partners, MultiPlan/ Beech Street/PHCS/Savility, and University of Maryland fee-for-service agreements effective October 1, 2019
- Aetna specialist fee-for-service effective December 15, 2019

The OHQA is finalizing a shared savings agreement and enhanced PCP fee-for-service rate with CareFirst. Talks continue with Amerigroup of Maryland regarding shared savings and fee-for-service agreements. We have also re-engaged with United Healthcare to continue discussions about a shared savings agreement.



Practice Spotlight

Mid-Atlantic Epilepsy and Sleep Center



In 2019, the Mid-Atlantic Epilepsy and Sleep Center joined the OHQA as the first Neurology group. The group, led by Pavel Klein, MD, offers innovative medical, dietary and surgical treatments for Neurology and Epilepsy conditions.

Leading an expert team of physicians and other healthcare practitioners, Dr. Klein and his office provides comprehensive care for patients with epilepsy, sleep disorders, general neurological conditions and access to cutting edge clinical trials.

OTHER UPDATES



The OHQA is pleased that LabCorp is supporting the integration of lab data

into Philips Wellcentive. LabCorp will provide the OHQA and participating practices laboratory result data, connectivity tools and support for care management initiatives. LabCorp's infrastructure, along with its ability to integrate data inside and outside of our physician network, is expected to help our network manage our patient population while optimizing performance goals. We value LabCorp's shared vision with OHQA's commitment to improving health outcomes and lowering the total cost of care for our patients.

Save the
Date

For all community class and registration information, visit AdventistHealthCare.com

February

- **Feb. 4:** Diabetes Self-Management and Support
- **Feb. 11:** OHQA Practice Managers Meeting
- **Feb. 18:** Overcoming the "Winter Blues"
- **Feb. 24:** Living Well with Diabetes at Shady Grove Medical Center
- **Feb. 29:** Living Well with Diabetes at White Oak Medical Center

March

- **Mar. 3:** Tools for Effective Communication (occurs every Tuesday in March)
- **Mar. 10:** Diabetes Self-Management and Support
- **Mar. 12:** Prediabetes Class
- **Mar. 25:** Living Well with Diabetes at Shady Grove Medical Center
- **Mar. 28:** Living Well with Diabetes at White Oak Medical Center