Keeping the Best of Care in Focus

Shady Grove Adventist Hospital 2008
Your generosity. Your community hospital. Our thanks.
Keeping the Best of Care in Focus

When you face a medical need, whether a life-threatening situation or an upcoming, joyous birth, what is most important comes into sharp focus: safety and high quality care from experienced professionals.

For the community that we serve, it is during these times that you truly appreciate having the best care available near your home or workplace. It is also during these times when Shady Grove Adventist Hospital or our Shady Grove Adventist Emergency Center at Germantown becomes more than just another building and each becomes an indelible part of your life. Suddenly, the excellence, caring and expertise of our experienced team make a vital difference. Our partnership with the community to meet its health care needs becomes immediately appreciated, and our commitment to enhance the patient experience — for patients and their families — through special programs, services and resources is apparent.

On the following pages are stories of people who have experienced firsthand Shady Grove Adventist Hospital’s focus on serving the community. When these members of our community came to us for compassionate, high quality care, we were there to deliver. I am extremely proud to share their stories with you now.

Looking to the future, we invite you to partner with us to meet the diverse health care needs of our community. I recognize that these are difficult economic times. Still, I hope you will take this opportunity to support Shady Grove Adventist Hospital by donating to our Foundation.

Thank you for your support of Shady Grove Adventist Hospital.

Sincerely,

Dennis Hansen
President
Shady Grove Adventist Hospital
Thank You for Your Focus On Giving

Behind the outstanding care that Shady Grove patients receive are years of planning and fundraising. The new, renovated, and expanded facilities that mean so much to our patients and their families took years to realize, and our new advanced imaging, treatment, and surgical facilities are the product of ongoing community generosity. Thank you!

Because fundraising goals take time to achieve, they are based on careful, collective thinking on what our exceptional community’s needs are now and what they will continue to be in the future.

As you’ll see, the Shady Grove Adventist Hospital Foundation’s fundraising initiatives address those areas of health care that are likely to become even more important to our neighbors in the years ahead: cardiac and vascular services; cancer services; surgical services; and women’s and children’s services.

Within these categories are particular opportunities — sophisticated diagnostic and treatment technologies, expanded space, more comprehensive services — that will make a real difference in our patients’ experience, safety, and outcomes.

How much of an impact do Foundation initiatives and your support make?

You can see for yourself as you read the stories of real people who already have benefited from them. Patient by patient, family by family, their lives have been profoundly touched by accomplishments funded by you.

We ask you now to join with us in maintaining your hospital as one of the top medical facilities in the area, and one specifically dedicated to our community. Help us to continue to deliver the best of care, right where you need us.

Sincerely,

William H. Smith
Chief Development Officer
Shady Grove Adventist Hospital Foundation
Now in our 30th year, Shady Grove Adventist Hospital is where our community turns for medical excellence offered with respect, support, and compassion. We care for thousands of patients and their families every year, one unique individual at a time. Here are a few of their stories.

To contribute to the health of our community’s future, please go to www.ShadyGroveAdventistHospital.com/stories
Focus: A Horseman’s Return

Jim Clark, a serious horseman and bluegrass guitarist in his spare time, sensed he was slowing down. But a heart attack just before Thanksgiving proved that health, not age, was the culprit. Now recovered and into regular workouts at Shady Grove’s Cardiac Rehabilitation and EECP Center (Enhanced External Counter Pulsation), Jim is able to focus again on everything he enjoys doing.

Jim never felt any chest pain or other telltale symptoms of a heart attack. “I just felt kind of funny, as though things weren’t working quite right in the engine room,” he says. Jim arrived at Shady Grove’s Emergency Department by ambulance. An immediate blood test revealed he was right in the midst of a heart attack.

Catheterization showed that one artery was completely blocked, but collateral arteries had developed around the blockage and were maintaining the blood flow. A clot, they theorized, had caused the mild attack, perhaps dissolved by the aspirin Jim took when he felt unwell.

From the Emergency Department and Catheterization Lab to Cardiac Intensive Care Unit and then to the regular cardiac unit, Shady Grove’s physicians, nursing staff, nutritionists, and even hospital-affiliated masseuse coordinated their care, each fully “on top of the situation.” Says Jim, “Everything operated like a well-oiled machine.”

After returning home, Jim began complete, increasingly rigorous routines at Shady Grove’s Cardiac Rehabilitation and EECP Center, a full-scale fitness center where response to exercise is closely, constantly monitored, and classes are offered in cardio-related issues such as diet. In three months, Jim worked up from a twenty-minute walk to a thirty-minute, five mile-per-hour run on the treadmill.

Today, Jim maintains his focus on exercise and diet. He says of his regained health and fitness, “Shady Grove didn’t just save my life, they gave me back my life. I feel so much more physically able. I haven’t felt this good for a long, long time.”
Focus: Navigating a Way Through Cancer

Heather Johnson’s second bout with melanoma was more serious than the first and required extensive surgery. The surgery removed Heather’s cancer, but not her fears or thirst for authoritative information about the disease. A Shady Grove support group and Cancer Navigator have helped Heather put her feelings into focus and zero in on reliable facts.

“No matter how much people try to understand, there’s no way to explain how you’re feeling or how your mind is dealing with it,” Heather discovered. Only fellow cancer survivors know.

Within months of her surgery, Heather was welcomed with open arms by her General Cancer Support Group, one of eight cancer care groups established by Shady Grove and part of Shady Grove’s comprehensive care for patients and their families. Group members understood the irony of her feelings: because her cancer could not be treated with radiology or chemotherapy, Heather felt helpless to fight it. Attending the support group has given her a way both to share these feelings and realize how much she’s actually doing for her mental and physical well-being.

Facilitating the group is Sharon Francz, a Cancer Care Navigator who works closely with Shady Grove’s Life Beyond Cancer Program. “Sharon is very supportive, caring, and understanding about cancer,” Heather says. “There is so much information out there, you don’t know what to believe. To have someone who can answer your questions and provide guidance has been great.”

Marguerite Johnson, Heather’s mother, attends Heather’s support group as well as a separate group for caregivers. According to Marguerite, the perspectives of fellow caregivers have been invaluable. “I was welcomed into the group from the moment I walked in the door. This is a place where I can freely express my anger, fear, and confusion. It is also a place where there is hope and, yes laughter. I always leave feeling supported on this journey we are all on, and hopeful for the future. Without Sharon, none of us would have this wonderful opportunity to grow and heal.”

Says Heather, “I realized you just can’t focus on the fear your cancer might come back. If it does, you’ll deal with it. But in the meantime, you know you’re doing what you can to heal your body and your frame of mind.”

*Pictured left from top down, Sharon Francz leading a cancer support group, Plastic Surgeon, Gregory Dick, M.D., F.A.C.S. and Otolaryngologists, Christopher Sinha, M.D.*
Here are the latest medical advances delivered by highly skilled practitioners who care deeply about their patients. Their expertise is closely coordinated and delivered in settings that inspire well being.

To contribute to the health of our community’s future, please go to www.ShadyGroveAdventistHospital.com/stories
Focus on Today

Shady Grove Adventist Hospital’s recognized excellence, particularly in those areas of health care that are in greatest demand, is a source of pride and comfort to everyone in our community.

A Leader in Cardiac and Vascular Care

This past year, Shady Grove Adventist Hospital became one of only six hospitals in the state of Maryland to receive a waiver to perform elective percutaneous coronary interventions (PCI), as part of a multi-state clinical study. PCI involves the insertion of a balloon-type device into a patient’s artery to open a blockage. With the elective PCI waiver, Shady Grove Adventist Hospital has become a research site for the Atlantic Cardiovascular Patient Outcomes Team (C-PORT) and was the first hospital in Maryland to enroll patients in the clinical study and one of the first hospitals to perform the elective procedure under a waiver from the state’s health care commission. Hospitals are selected for the C-PORT study based on the overall quality and outcomes of their cardiac program.

Chances are, you know someone who has had a heart problem. Diseases affecting the heart (cardiac) and blood vessels outside the heart (vascular) are increasingly common. Today, Shady Grove is recognized as one of the top hospitals in the State for response to heart attacks. We are a designated Chest Pain Center for the diagnosis and initial treatment of acute coronary syndromes and acute heart failure. We have a team dedicated to performing the preferred first treatment for an acute heart attack, primary Percutaneous Coronary Interventions (pPCI). Our Cardiac Rehabilitation and EECP Center (Enhanced External Counter Pulsation), one of the largest in Maryland, helps 350 new patients a year regain their strength and confidence.

Shady Grove’s full range of innovative cardiac and vascular services includes sophisticated procedures for detecting and treating problems before they lead to a life-threatening event. Ours was one of the first Maryland community hospitals to perform angioplasties in an acute setting, and we are the first and only hospital in the County to perform Enhanced External Counter Pulsation (EECP), a noninvasive treatment for patients with angina.

Newly Expanded Surgical Services

With our new 100,000 square foot surgical services unit — housing 16 surgical suites — surgeries can be scheduled more easily at Shady Grove to accommodate patients’ and physicians’ needs. Top surgeons perform a wide variety of surgeries here, supported by highly skilled surgical nurses, anesthesiologists, and technicians. Working together, they are able to provide the latest advances in surgery, from routine procedures to complex operations.

Shady Grove’s surgery unit also houses private consultation rooms, a special children’s area, a same-day surgery unit, a family-friendly waiting area, and post-surgical private inpatient rooms. New decentralized nursing stations and private rooms are just a few of the other features that enhance each patient’s experience.
Quality Cancer Care for the Whole Patient

Cancer is like no other disease … and Shady Grove knows it. We are committed to comprehensive, state-of-the-art care and to services that put compassion into action.

Shady Grove’s focus is on early detection, accurate diagnosis, effective treatment, and individualized support for patients and their families at every stage. A team of physicians, nurses, care navigators, nutritionists, social workers, spiritual care providers, image enhancement specialists, and others integrate their expertise to deliver powerful, comprehensive care. Our cancer program has been recognized by the American College of Surgeons’ Commission on Cancer as among the nation’s finest.

This year, Shady Grove Radiation Oncology acquired a new CT Simulator, the very latest technology for planning radiation treatment.

Another exciting development is Shady Grove’s breakthrough Life Beyond Cancer Program, devoted to helping people meet the multi-dimensional challenges of the disease. This past year, the program supported the purchase of the CT planning technology for radiation oncology to create a convenient, state-of-the-art, single-stop facility. The program also began coordinating patient care from hospital to nursing home to patient’s home, ensuring that patients can receive services wherever they are. Perhaps most appreciated, the program’s Cancer Navigators connect patients and their families with relevant information and community resources, easing their burden during this extraordinarily difficult time.

Where New Lives Enter the World and Grow

Another priority for Shady Grove is maternity services for women, care for newborns, and pediatric care for growing children. Shady Grove has the County’s first full-service emergency department just for children, a specially designed pediatric same-day surgery unit, and the County’s only pediatric intensive care unit.

This was the first full year of Shady Grove’s popular maternity facilities, featuring private rooms and family lounges that feel like home. For many families, Shady Grove’s sophisticated medical excellence is exemplified by our Neonatal Intensive Care Unit (NICU). Designated for extremely high-risk, premature, and low birth-weight newborns, our NICU truly represents the best of care for the region’s littlest miracles.

Last year inaugurated Shady Groves’ unique Birth Advisor service. Our Birth Advisor is a highly qualified and understanding labor and delivery nurse who personally meets with expectant couples to answer all their questions and address their concerns. She becomes a trusted point of contact for parents before, during, and after their baby’s birth — an extra measure of warmth and reassurance that makes childbirth at Shady Grove especially wonderful.

You and your neighbors have made all of these advances possible, and we thank you!
Focus: A Life-Saving Trip Down the Street

Looking back, Marie Martins says she was in denial. Her worsening shortness of breath and new dry cough could no longer be dismissed as an allergy or summer cold. Her family had been urging her to go down the street to the Shady Grove Adventist Emergency Center at Germantown, but it wasn’t until Marie could barely breathe after a flight of steps that she finally focused on her health and relented — and not a moment too soon.

“I’m not going,” Marie had repeatedly said. “This isn’t an emergency.” But when Marie eventually arrived at the nearby Shady Grove Adventist Emergency Center at Germantown, an examination and an ultrasound conducted right at the Center convinced physicians it was indeed an emergency, and a serious one.

Marie was in the midst of a pulmonary embolism; both her lungs were filled with life-threatening clots that made it nearly impossible for her to breathe. She was quickly transported to Shady Grove, brought into a ready and waiting private room, and treated with blood thinners to dissolve the clots.

Marie was in the hospital for eight days of treatments and blood tests. She realized only then how perilous her condition had been. Surviving blood clots such as hers is, in fact, extremely rare. “It dawned on me how close I had come,” she says. “But I had thought it wasn’t anything serious.”

Key to Marie’s rapid treatment was the close communication between the Emergency Center and the Hospital, and of course the Emergency Center’s convenient location and capabilities. “I am so very lucky that it was just down the street from me and fully staffed and equipped to deal with an illness so grave,” Marie says. “Anything you might need before you go to the hospital they had, and when the hospital is necessary, it’s only a few miles away.”

How do you know when a condition is a real emergency? For Marie, the lesson is: don’t waste time focusing on the question. “You should go!”
Focus: Getting a New Mom Into Action

The last four weeks of Sarah Miller’s pregnancy were filled with fear and frustration. Leg numbness and pain had left her almost completely immobile. But instead of improving as expected with daughter Izzy’s birth, Sarah only got worse. Diagnostic imaging at Shady Grove brought the cause of her problems into focus and immediately set into motion fast, coordinated, life-saving care.

Imagine not being able to carry your newborn child, change her diaper, or take her for a stroll in the park. These were Sarah’s devastating fears in the weeks before and after her daughter was born, December 15th. Sarah’s physician, Dr. Wayne Meyer, said “Although these problems are commonly caused by the baby lying on sciatic nerves inside the pelvis, no diagnostic imaging or intervention was possible until after the birth.”

In the great majority of cases, the baby’s birth relieves the pressure and the problems disappear. But with Sarah, symptoms only worsened. “I’d wake up every day hoping the nerve would come back.” When it didn’t, Sarah came to Shady Grove for an MRI.

Her serious injury was obvious to the radiologist: the cause of Sarah’s sciatica was not the pregnancy, but rather very large disk herniations. There was an immediate call to Dr. Meyer, who made another immediate call to Shady Grove orthopedic surgeon Dr. Brett Quigley, who scheduled back surgery at Shady Grove. Dr. Quigley said, “The disk herniations occluded almost the entire spinal canal. In addition to numbness and weakness in both legs, Sarah even had some atrophy (shrinking muscle size) in both lower extremities. Given the picture, she was lucky to have as much functionality as she did.”

With the surgery, Sarah’s pain instantly disappeared. The surgery had relieved the pressure on the still healthy portions of the nerve, and the next day, Sarah was able to walk with Izzy in her arms.

Sarah says that from the moment her back and nerve damage came into focus, “everyone worked so quickly. I felt I could have been their only patient.” Today, Sarah is able to take care of her growing daughter, doing all the things most new mothers take in stride.

Pictured left from top down, Radiology Technician Sheryl Wachter, Primary Care Physician, Wayne Meyer, M.D. and Surgeon, Brett Quigley, M.D.
What comprises “the best of care” evolves with each new advance in medicine, each new insight into how patient needs can best be met, and the year-by-year growth of our community. We rely on you to help us keep pace. With your support, we can always provide “the best of care” right here in the community.

To contribute to the health of our community’s future, please go to www.ShadyGroveAdventistHospital.com/stories
Shady Grove’s Birth Advisor, Susan Hine, RN, sees the same transformation dozens of times a month, whenever she meets with expectant parents. They arrive for their consultation filled with advice from birth classes, family and the Internet, but are still terrified. They leave smiling with relief. “Their whole body language,” she says, “changes.”

How do you make the upcoming birth of a child a warmer, more personal and more relaxed experience? Susan Hine helped Shady Grove develop the solution, the hospital’s new Birth Advisor program. Susan meets with Shady Grove’s expectant parents before the birth, giving them a “safe haven,” she says, “to discuss their fears, concerns, confusion — anything running through their mind.”

With humor, compassion and completely current expertise, Susan clears up any misinformation, outdated facts and troubling preconceptions. “My job is to insert reality into the experience.” That alone helps most couples feel relieved, but Susan does more.

Depending on their needs and concerns, Susan gives some expectant parents’ an early look at the NICU, connects others with hospital anesthesiologists, and leads others to a quick review of fetal activity. “I feel like the hub of a wheel,” Susan says, “connected to many spokes. There are so many resources I can seamlessly tap into that they don’t know they need and don’t know are already in place and available.”

Then, Susan stays connected. “Parents constantly email me updates, so they know that when they arrive to deliver, I’m up-to-date with their pregnancy and current information is in their chart.” They also count on Susan to make advance arrangements for any special circumstances.

By the time Susan visits parents in labor and delivery and then recovery, she has become a member of the family, their trusted confidante, mentor, liaison. Families’ gratitude is universal, expressed in letters, pictures of newborns and donations to the hospital’s Foundation. For Susan, the reward is hearing directly from thrilled parents that everything she said and did had made a real, appreciated difference in their childbirth experience.
Focus on the Future

Which medical technologies will mean a vital leap forward? How much more space do we need now — and years from now? Which innovations will make a real difference in the lives of patients and their families? By focusing on upcoming requirements, important opportunities, and the financial support needed to make them happen, Shady Grove is able to maintain its position as a leader in community-based health care.

Here is What We Are Working Towards Now

Cardiac & Vascular Services

The area’s increase in cardiovascular disease is of concern: the need for Percutaneous Coronary Interventions (PCI), for example, is expected to triple in the next ten years. To prepare, the Foundation is raising funds to help create a Cardiac and Vascular Center of Excellence, which will expand Shady Grove services already recognized for their exceptional high quality. Specific initiatives include the development of centralized state-of-the-science Catheter Labs, the upgrading of our Electrophysiology Lab with new imaging equipment, and the purchase of three-dimensional Cardiac CT Software. This software, in combination with our existing 64-Slice CT Scanner, will enable our physicians to perform more sophisticated non-invasive diagnostic procedures. The Foundation is also raising funds to expand our extraordinary Cardiac Rehabilitation and EECP (Enhanced External Counter Pulsation) Center by approximately 75% to accommodate an expected increase of almost 100% in patient demand. The expanded space will provide specialized equipment and over 100 educational programs for recovering patients.
Oncology (Cancer) Services

As the nation’s second leading cause of death, cancer is one of the most pressing concerns of Shady Grove. Last year alone, the hospital provided care to more than 1,000 of the 4,000 newly diagnosed cancer cases in Montgomery County. We hope soon to be able to fund a new Linear Accelerator (LINAC), a device that uses external beam radiation to destroy cancer without harming surrounding normal tissue. To further our comprehensive approach to cancer care, we are expanding our Life Beyond Cancer program. Specifically, next year we plan to add additional Cancer Care Navigators to the program and provide new multidisciplinary services, including outpatient nutritional and social services. With funding sized to meet the challenges of the disease, the Life Beyond Cancer program will be a premier cancer resources center for all patients and their families, regardless of financial limitations or where patients are receiving treatment.

Women’s & Children’s Services

Our community’s rising number of high-risk, low-birth weight newborns has outgrown our current Neonatal Intensive Care Unit, superb as it is. Shady Grove Adventist Hospital Foundation is raising funds for a new, expanded 37-bed NICU, fully equipped with special incubators and other essential technologies. The Foundation is also developing financial support for a new third room for caesarean section deliveries, a new five-bed triage, furniture and medical equipment for seven new labor-delivery-recovery suites, as well as a new OB-physicians’ lounge. For children’s care, Shady Grove is raising funds to renovate and expand our pediatric inpatient unit.

Surgical Services

Many of today’s most effective surgeries, from the most sophisticated to the least invasive, require specialized equipment. Shady Grove is preparing for advanced gastroenterology procedures that depend on high definition monitoring, and raising funds for expanded intraoperative imaging equipment, which will provide physicians with improved visualization during advanced laparoscopic cases.

These and other plans will bring new and expanded cutting-edge services to our growing community. But they remain only “plans” until your donations help make them a reality. We urge you to partner with us and generously contribute to the Shady Grove Adventist Hospital Foundation. Thank you!
In an especially challenging year, thousands of our neighbors chose to generously support Shady Grove Adventist Hospital. Our thanks to all of you. Your donations are helping us fund initiatives that will profoundly benefit patients and their families.

To contribute to the health of our community’s future, please go to www.ShadyGroveAdventistHospital.com/stories
Kim Rose had been at Shady Grove for four weeks of bed rest when she found out her father-in-law had passed away. Within hours, the twins — at just 26 weeks — were born, weighing only 1.83 and 1.11 pounds. Today, the Roses are focusing their thanks for the babies’ four months of intensive care by supporting a new NICU for tomorrow’s most delicate newborns.

Marc and Kim Rose grew up with Shady Grove Adventist Hospital. In fact, they almost took its care for granted. But with the extremely premature birth of their second set of twins, “We thanked our lucky stars we have such a facility close to home.”

Shady Grove made this trying time easier for the Roses’. Before the birth, staff made their two little girls’ month of visits to mom seem as normal as possible. They gave Kim emotional support knowing of her father-in-law’s illness, familiarized her with the Neonatal Intensive Care Unit (NICU), and did everything to delay the twins’ arrival.

When the twins’ birth did come, Kim felt amazingly at ease. She saw around her a now-familiar team of doctors. “I knew I could turn my babies over to them, that they would get the babies healthy and strong enough to come home.”

Afterwards, Kim eased into “the routine of being a NICU mom.” For four months, Kim says, “a brilliant and dedicated team of nurses and specialists” took expert care of the newborns, and supported her as she learned to hold them — tiny infants connected to vital technologies. Thanks to their care, Penelope and Theodore, now age two, have moved into healthy toddlerhood.

So when Shady Grove focused on plans to build a larger and even better equipped NICU, the Roses recognized their opportunity to give back. “We were thrilled to help,” Marc says. As he has learned, “It’s not uncommon for newborns to spend a day or week in the NICU.” With the community’s support, we can all be ready.
Focus on Your Generosity

Highly skilled physicians and nurses … technologies for fast, accurate diagnoses … sophisticated equipment that supports life-saving procedures … programs that deal with the emotional as well as physical aspects of a patient’s healing … and an ability to provide seamless multi-disciplinary care. In these patient stories, you read about people in our community who have experienced the many dimensions of Shady Grove Adventist Hospital care. For them, the quality of our care shaped an unforgettable life event and was deeply appreciated.

Yet at one point, vital components of their care were little more than a fundraising goal. They were not yet in place and depended on our community’s generosity to acquire or create. You rose to the occasion, and we thank you.

2008 Fundraising Achievements

With the growth of our community and advances in medical care, the need to keep improving and expanding our not-for-profit hospital continues. New goals must be set and met so future patients can count on us to provide the same excellent care we provide today.

Raising funds to meet these goals is the job of Shady Grove Adventist Hospital Foundation. Every dollar contributed to the Foundation goes to delivering and improving care.

This past year, the 30th year our hospital has served the community, the Foundation raised $2.5 million in new gifts and pledges. The Foundation was able to transfer to the hospital $2 million which included funds that made possible the purchase of a new CT Simulator for cancer radiology.

Thanks to donations, both the new Healing Garden (rendering shown below) and completion of our Pediatrics Emergency Department are now closer to reality. The Foundation also made progress in raising funds for the new Catheterization Lab and further development of our outstanding Life Beyond Cancer program.

There are other efforts that support the Foundation’s ongoing fundraising. In 2008, the Foundation developed a new strategic plan based on the hospital’s four key initiatives — cardiac and vascular care, cancer care, surgical services, and women’s and children’s services. In addition, the Foundation created new communications materials that will reach out to the community and build support for 2009-2013 objectives.
All Together, Supporting Shady Grove

There is always plenty to celebrate when the Foundation hosts its special events. Last year, our 23rd Annual Golf Classic delivered on the green: participants’ support — combined with a matching donation from Associates in Radiation Medicine — funded the purchase of the hospital’s new CT Simulator for cancer care.

At our 18th annual Donor Recognition event for the President’s Circle of Friends, the Foundation honored special members of our giving community.

The hospital’s own family comes together to support Foundation initiatives, as well. The 2008 Hospital Employee C.A.R.E. Campaign not only met but exceeded the year’s fundraising goals. Funds will support Shady Grove’s Cardiac and Vascular Center of Excellence.

Special Thanks to These Distinguished Donors

The Shady Grove Adventist Hospital Foundation welcomes your support, an essential ingredient in our hospital’s ability to provide the best of care. To donate online, please go to www.ShadyGroveAdventistHospital.com.

If you would like to join our President’s Circle of Friends with a donation of $1,000 or more within the calendar year, please contact the Foundation at (240) 826-6570. Thank you!

2008 President’s Award — Outstanding Corporation Contribution
— Lockheed Martin

2008 President’s Award — Outstanding Physician Contribution
— Cardiac Associates

2008 Lifetime Giving Award
— Shady Grove Orthopaedics

Previous years’ honorees

President’s Award — Outstanding Corporation Contribution
— Healthcare Initiatives Foundation (2007)
— W. M. Rickman Construction Company (2005)
— Cohen, Rutherford, Blum + Knight, PC. (2003)

President’s Award — Outstanding Physician Contribution
— Simmonds & Simmonds, Chartered (2007)
— Shady Grove Radiological Consultants (2006)

Lifetime Giving Award
— The Pettit Family Foundation (2007)
— Shady Grove Adventist Hospital Auxiliary (2003)

Heritage Society Award
— Constance and Roscoe Whipp (2007)
— Alice C. & Milton F. Clogg (2005)
— Nancy Todd Ackerman (2003)
2008 Donor List

MAGNOLIA SOCIETY
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Michael Aquilino

BIRCH SOCIETY
$250,000-$499,999

Associates in Radiation Medicine
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Pediatric Inpatient Associates

ASPEN SOCIETY
$10,000-$24,999

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About Shady Grove Adventist Hospital Foundation

Since 1981, the Shady Grove Adventist Hospital Foundation’s sole purpose has been to raise funds to support the hospital. We are committed to the advancement of Shady Grove Adventist Hospital, whose mission is to provide health care excellence and service to the people of our region.

As we raise funds on behalf of Shady Grove Adventist Hospital, we transfer those funds directly to the hospital for programs, equipment, and services on an as-needed basis. This enables our community hospital to meet the needs of its patients every day. Shady Grove Adventist Hospital is a not-for-profit hospital but, nonetheless, must still demonstrate a profit on an annual basis to be able to acquire the latest equipment and expertise, as well as, to grow to meet expanding community needs. The work of the Foundation contributes to the positive bottom line of the hospital every year — improving community care.

If you would like to support the Foundation Team as a volunteer, please contact us at (240) 826-6570.
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As a not-for-profit organization, Shady Grove Adventist Hospital directly applies every donation to caring for patients and delivering critical services throughout the community. The thousands of gifts received each year help ensure that our hospital continues to provide the best facilities, treatments, and clinical care.

There are many ways to give.

Contribute Online:
You can choose the amount and also the designation at any time by going to www.shadygroveadventisthospital.com.

Bequests:
By naming the hospital as a charitable beneficiary of your estate, you’ll become a member of our Heritage Society. Call and we will help you make arrangements.

Charitable Gift Annuity:
The charitable gift annuity is an opportunity to make a charitable gift to support Shady Grove Adventist Hospital and receive lifelong income at the same time.

The President’s Circle of Friends:
This membership club includes esteemed individuals and businesses who donate an outright gift of $1,000 or more to Shady Grove Adventist Hospital in a calendar year.

Commemorative Gifts:
These gifts honor or are given in memory of someone that is important to you.
Gifts of Stock:

Giving a greatly appreciated gift of publicly-traded stock that you have owned for more than one year may provide greater tax benefits than giving cash.

Matching Gifts:

Many companies offer a matching gift program to their employees as a benefit. The company matches the employee’s donations to charitable organizations, such as Shady Grove Adventist Hospital.

Vehicle Donation:

Our Vehicle Donation Program is a free convenient service for converting an extra car, truck or RV into a tax-deductible donation that benefits the hospital.

Volunteering:

Shady Grove Adventist Hospital seeks volunteers to help us provide our community with the best of care.

Workplace Contributions:

Shady Grove Adventist Hospital participates in the Combined Federal Campaign of the National Capital Area and the United Way workplace campaigns.

Additional gift options include Appreciated Assets, Cash, Named Funds, and even your own gift idea. If you’d like to make a contribution or would like to learn more about giving opportunities, please call the Shady Grove Adventist Hospital Foundation at (240) 826-6570 or visit www.ShadyGroveAdventistHospital.com
Our Mission

We demonstrate God’s care by improving the health of people and communities through a ministry of physical, mental and spiritual healing.

Our Values

Respect: We recognize the infinite worth of the individual and care for each one as a whole person.
Integrity: We are above reproach in everything we do.
Service: We provide compassionate and attentive care in a manner that inspires confidence.
Excellence: We provide world class clinical outcomes in an environment that is safe for our patients and caregivers.
Stewardship: We take personal responsibility for the efficient and effective accomplishment of our mission.

For more information on how to support Shady Grove Adventist Hospital, please contact the Foundation office at (240) 826-6570 or visit www.ShadyGroveAdventistHospital.com.