

# SPECT/CT Scan Patient Guide

Thank you for selecting Adventist HealthCare Imaging for your SPECT/CT scan. Here is some information that you will need to know before, during and after your scan. If you have any questions, please call 301-590-8999.

## How to Prepare for your SPECT/CT

The SPECT/CT scan requires no special preparation. Follow the General Test Preparation Guidelines.

## What to Expect

- The technologist will inject you with a small dose of radiopharmaceutical containing ionizing radiation.
- The first three to five minutes will be the CT scan. The SPECT scan will take the rest of the time.
- The radiologist will review your scans and send the results to your physician in about 24 hours.
- Exams usually last between 30 and 60 minutes.
- It is important to lie still to obtain the best images. If you think you may have any issues remaining still, please let our staff know so we can make any necessary accommodations.

## What to Bring

- Referral from your physician
- List of current medications
- Insurance cards and photo ID
- Relevant scans and reports taken outside of Adventist HealthCare Imaging centers

## General Test Preparation Guidelines

- Arrive at least 15 minutes before your appointment.
- Follow any special preparation guidelines given to you in this document and by the scheduler.
- If you need to cancel or reschedule your appointment, please call at least 24 hours in advance.
- Remove all jewelry and wear loose fitting, metal-free clothing.
- Tell our staff at the time of scheduling if you are any of the following:
  - Possibly pregnant
  - Diabetic or have kidney disease
  - Breastfeeding
  - Allergic to IV or oral contrast