How Your 2007 Donations are Making a Difference

Donors to Washington Adventist Hospital helped the Foundation transfer more than $500,000 to the hospital to purchase new equipment and renovate several departments in 2007. More than $85,000 of that amount was dedicated to the renovation of the Emergency Department (E.D.).

According to Jere Stocks, President of Washington Adventist Hospital, “The E.D. renovation project focuses on enhancing the quality and timeliness of patient care and improves patient flow in the triage and admission areas, helping to reduce wait times for treatment and improving the overall patient experience.” The renovation is expected to be completed in late Summer 2008.

The Foundation also transferred more than $250,000 to the hospital to upgrade four laparoscopic towers. The new portable towers, pictured at left, offer physicians easier access to the latest minimally invasive surgical equipment for performing many types of laparoscopic surgery. “Four towers will be equipped with high-definition cameras, video monitors and recording devices,” Jere Stocks said, “ensuring the highest quality care for our patients.”

$70,000 was also donated to the hospital to purchase new phacoemulsification equipment for cataract surgery. This investment will help to ensure that the hospital can continue to deliver safe, quality patient care.

In addition, $28,000 was donated towards the purchase of the NIM Contact EMG Tube, a monitoring machine that contains bipolar, stainless steel contact electrodes for monitoring both vocal cords during surgical procedures. Nerve monitoring, which facilitates nerve identification, can result in fewer nerve injuries.

In May 2007, $28,000 was donated to the Cardiac Catheterization Laboratory (cath lab) for its Society of Cardiovascular Angiography and Intervention (SCAI) Survey. The survey was performed by a team of physicians, members of SCAI’s Laboratory Survey Committee, who provided a comprehensive review of the hospital's cardiovascular catheterization, angiography and interventional cardiology programs. The purpose of the survey is to help the department continue with its strengths and find possible areas that offer opportunity for improvement. These findings give the cath lab an idea of how they fare in comparison to the standards held by the Society to help make them a better work force. The committee members described the department as one of the largest and most diverse programs surveyed thus far.

The Helping Hands Fund, set up to assist newly discharged patients better afford the costs of medication, received nearly $21,000.

Donations of $18,000 were dedicated to the remodeling of Conference Rooms A and B. The renovation included wall-to-wall carpet, high-definition cameras, video monitors and recording devices, and new furniture.

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2007 Contributions continued on next page.
Fulfilling a Need

Join the Washington Adventist Hospital Foundation in its efforts to raise funds for the Maryland Breast Cancer Screening Program.

According to the American Cancer Society, approximately 40,000 women die from breast cancer annually. Women in the U.S. have a 1 in 8 chance of developing invasive breast cancer in their lifetime and a 1 in 33 chance of dying from breast cancer.

According to the Mayo Clinic, breast cancer is the second-leading cause of cancer-related deaths of women.

These numbers can seem staggering, but that doesn’t mean there is no hope. When caught early, breast cancer can often be stopped.

Washington Adventist Hospital has been fighting breast cancer through its Maryland Breast Cancer Screening Program, established in 1992 to assist women in the fight against breast cancer. It provides free screenings for uninsured women and education through Breast Health Education materials to women of every ethnicity and socio-economic status. The hospital has been a leader in the community in the fight against breast cancer and works closely with the Women’s Cancer Control Program in Montgomery County, which points many women to the hospital’s free breast cancer screenings.

In 2007 the Maryland Breast Cancer Screening Program educated 1,870 women on breast cancer through outreach at several health fairs around Montgomery and Prince George’s Counties. Of those women, 875 chose to participate in lifesaving screenings and diagnostic mammograms. All of these screenings and mammograms were provided at no cost.

This invaluable program relies on grants and gifts from donors to fund these screenings. In 2006 and 2007, the program received two major grants that met the majority of its funding needs. This year, the program is in need of $70,000 to operate the program.

Breast cancer has taken many lives and women now have a fighting chance through these free screenings. Please join Washington Adventist Hospital as we help our community’s mothers, daughters, sisters, aunts, nieces, cousins, granddaughters, grandmothers and great grandmothers fight breast cancer. We can’t do it without you.

To learn more about the program, call Washington Adventist Hospital’s Health and Wellness Department at (301) 315-3140. To make a donation to the program, please call the Foundation at (301) 891-6920.
Golf Benefit Moves to Spring!

Mark your calendars and get ready to swing those irons at the Washington Adventist Hospital Foundation’s 8th Annual Golf Benefit.

This year’s event will be held on Monday, April 21, at Norbeck Country Club in Rockville, a course enjoyed by participants last year. All net proceeds will support Washington Adventist Hospital’s Orthopedic Program. Please note, the timing has changed from previous years when the event was held in the Fall.

The Golf Benefit will start with check-in, breakfast and driving range practice at 7:15 am and a shotgun start at 8:30 am. A grill station on the course will guarantee players will be well-fed. At the conclusion of the tournament, a hearty lunch, awards and prizes will be enjoyed in the clubhouse.

Registration includes breakfast, driving range and greens fees, cart, food grills located on the course, prizes, reception and awards luncheon, and more. Many levels of sponsorships are available.

If you are unable to attend the Golf Benefit and would like to support Washington Adventist Hospital through this event, advertising opportunities are available at a hole, a tee or at the driving range. Advertising space is also available in the Golf Benefit Program Book.

For more information about the 8th Annual Golf Benefit or to make a contribution in support of Washington Adventist Hospital, please call the Foundation at (301) 891-6920.

Employees “Dare To Be Remarkable”

More than 200 remarkable hospital employees contributed and pledged more than $41,000 to benefit the hospital during the annual Dare To Be Remarkable Employee Giving Campaign held in November 2007. This is a 27% increase in the number of employees and a 10% increase in the amount of money contributed through the 2006 Employee Giving Campaign.

Of the total funds raised, $21,459 is earmarked for the Emergency Department and $11,925 will go to the hospital’s Helping Hands Fund. The Helping Hands Fund assists disadvantaged patients who need short-term supplies of prescription medication at the time of discharge. An additional $7,946 was directed to the annual fund to benefit areas of greatest need and donor-directed departments.

If you would like to “Dare to be Remarkable” you can join these employees by sending your gift to Washington Adventist Hospital Foundation, 7600 Carroll Avenue, Takoma Park, MD 20912.

Linda Yee, an employee donor since 2001, signed up to continue as a remarkable employee donor for 2008.
Estate Planning Seminars Well Attended

Estate Planning seminars sponsored by the Washington Adventist Hospital Foundation were held in May and September 2007. The two May seminars were well attended and were lead by Attorney Richard N. Ruprecht, from the Estate Planning and Practice Group of Bethesda law firm Lerch, Early & Brewer. Topics discussed included documents everyone needs to have, advance directives, different types of powers of attorney, living wills, and estate and gift taxes.

Seminar participants included Loida Lacson, RN, and Archel Burda, RN, who are both in their 20s, an age group that many would consider too young for a topic often marketed to senior citizens.

Loida saw the importance of the seminar. “I have family,” explained Lacson, “and I need to begin creating a living will.”

“I advise anyone with an estate to have a plan, regardless of what decade of adult life you are in,” said attendee Bonnie Neibauer, former nurse manager at Washington Adventist Hospital. Bonnie, 56, described herself as being in the ‘sandwich phase’ with both offspring and parents who depend on her.

“As an only child, it also behooves me to assist my mother in organizing and simplifying her estate,” Bonnie said. “[I] have an 89-year-old mother who is losing the ability to manage her affairs . . . and has fallen into the ‘black hole’ of total disorganization with an outdated will from the ’70s and no idea where her money is.”

For those who may still wonder if estate planning is important, Bonnie left one last thought, “We are all worth more than we realize.”

In response to the positive feedback of the May seminar, two “Family Love Letter” workshops were held on September 26. The seminars focused on how to organize personal financial affairs. The presenter, Steve Rosenzweig of Rosenzweig, Hollywood & McDowell financial advisors, stressed the importance of having documentation for how one’s medical affairs and estate should be handled in case sudden incapacitating illness or injury or even death should strike. He referred to the documentation as a “Family Love Letter” and provided participants with a booklet to complete to assist them in the estate planning process.

The hospital’s Joyful Noise Choir, comprised of employees, physicians and volunteers, again this year led attendees in the singing of carols. Dozens of community members participated in this annual tradition.

More than 160 community members, physicians and employees contributed more than $13,900 to the Helping Hands Fund through the Tree of Goodwill Campaign in 2007. Total donations to the Helping Hands Fund in 2007 exceeded $20,500.

If you would like to make a contribution to the Helping Hands Fund, please contact the Foundation at (301) 891-6920.

Tree of Goodwill Celebration

Employees and hospital guests gathered during the annual Tree of Goodwill ceremony on December 11, 2007 in the main lobby of the hospital to share in hospital-wide appreciation for the donors who support the Helping Hands Fund.

The Helping Hands Fund assists disadvantaged patients who need short-term supplies of prescription medication at the time of discharge.

Hospital President Jere Stocks welcomed the group, Chaplain Ismael Gama, Director of Mission and Pastoral Care Services, offered the dedicatory prayer, and Serve, a local gospel trio, performed several songs, including a medley of favorite Christmas hymns.

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If you would like to make a contribution to the Helping Hands Fund, please contact the Foundation at (301) 891-6920.

If you would like to learn more about the seminars available or would like to be added to the mailing list for future seminars. She can be reached at (301) 891-6920 or bhshea@adventisthealthcare.com.
How to Give to Washington Adventist Hospital

Gifts of all sizes have the power to significantly impact the hospital’s ability to meet the health-care needs of the community. Partner with us.

Ways to Give

- Cash, check, credit card, or money order
- Bequests through wills
- Appreciated securities and real estate
- Gift annuities
- Deferred or planned gifts such as charitable trusts
- Life insurance
- In-kind contributions
- Matching gifts

Legacy Society

You can strengthen your community by remembering Washington Adventist Hospital in your estate planning.

This special group of Legacy Society members is securing the health of the hospital and the people it serves by investing in Washington Adventist Hospital through bequests, gift annuities, life insurance and charitable trusts.

If you have already named Washington Adventist Hospital as a beneficiary in your estate plan, please notify the Foundation Office so we can acknowledge and thank you for your generosity.

Honoring Someone You Love

You can honor or remember loved ones through a variety of named and commemorative gifts including the Tree of Life Sculpture, Memorial Gifts and Named Endowed Funds.

To learn more about contributing gifts to Washington Adventist Hospital, please contact the Foundation at (301) 891-6920.

Foundation Office Moves

The Washington Adventist Hospital Foundation office has undergone an amazing transformation. But don’t look for the office on University Boulevard. The Foundation is excited to announce that it has moved into a newly renovated space on the third floor of the Lisner Building adjacent to the main hospital. The January 25 move came after nearly two decades located off-campus.

“You won’t believe how this space has been transformed,” said Bridget Shea, the Foundation’s executive director. She adds that a special thank you is in order for the tremendous work done by the hospital’s Plant Operations department and Langway Brothers in making this project and move possible.

The Lisner Building space was previously used for computers. As part of the work, equipment such as a mammoth air conditioning unit that transferred all of the heat generated by the computers had to be removed from the room. In some cases, this involved lowering equipment through the exterior window to the ground. Renovations included removing 56 yards of cabling, removing the raised computer room floor and replacing it with carpet, making a new doorway, plus ceiling and extensive wall work.

The Foundation held a joint Open House with its new neighbors, the Washington Adventist Hospital School of Radiography, on February 19.

(Left to right) Dr. Christopher Magee, Chief Medical Officer; Bridget Hart Shea, J.D., Executive Director, Foundation; Laura-Lea LeRoy, RN; Jere Stocks, President; Shanti Harris, RN; Pauline Salmon, Assistant Nurse Manager; Jack Welsh, Project Manager, Construction; and Romel Punsalan, Director, Plant and Facilities, enjoyed the Open House.

Rebuilding Our Foundation

On November 27, the hospital bid a fond farewell to Sheree Parris Nudd, FAHP, former Vice President of Washington Adventist Hospital. As Executive Director of the Foundation, Sheree and her team increased funding for the Foundation for five consecutive years. Under her leadership, the financial systems at the Foundation were improved and the donor base was expanded.

Bridget Hart Shea, J.D., has been promoted to Executive Director of the Foundation. She has been with Washington Adventist Hospital for two years as Director of Annual and Planned Giving.
Washington Adventist Hospital Foundation

7600 Carroll Avenue
Takoma Park, MD, 20912
301-891-6920
www.WashingtonAdventistHospital.com

Thank you for making a difference in your community!

Washington Adventist Hospital Foundation
20th Annual Black-Tie Gala

Saturday, November 15, 2008
7:00 p.m.
Reception

8:00 – 11:00 p.m.
Dinner and Dancing

Martin’s Crosswinds
7400 Greenway Center Drive
Greenbelt, Maryland 20770


Washington Adventist Hospital Foundation
Board of Trustees

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Otero Medical Management, Inc.

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Executive Director, Foundation
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Attorney at Law
Law Offices of Theodore P. Stein

Jere D. Stocks
President
Washington Adventist Hospital

Christy L. Swanson
Director of Programs
Through the Kitchen Door International, Inc.
Washington Adventist Hospital is your hospital when you need specialized medical care.

You are invested in the health of the community because you care enough about others to contribute to your local hospital.

Your hospital is becoming better every year because donors like you understand that strong communities must maintain excellent local hospitals in order to thrive.

In 2007, your contributions helped Washington Adventist Hospital take big strides toward meeting community health-care needs.

In 2007 donors made $443,703 in contributions and pledges to the Washington Adventist Hospital Foundation. Of this amount, $6,364 represents the value of gifts-in-kind.

Contributions were raised in 2007 through our annual golf event, direct-mail appeals, campaigns, memorial gifts, and our virtual gala.

- The 7th Annual Golf Benefit raised $70,600 – the event helped the hospital purchase equipment and begin renovations for the Emergency Department.
- Medical staff and employees validated these efforts with their own contributions (see pie chart above).
- The Virtual Gala raised $74,400.
- Grateful patients and established donors responded to telephone and direct-mail appeals for the Annual Fund, the Helping Hands Fund, and the Emergency Department.

<table>
<thead>
<tr>
<th>Source</th>
<th>Percentage</th>
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<tr>
<td>Corporations &amp; Foundations</td>
<td>59%</td>
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<td>Community Individuals</td>
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<td>Employees</td>
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<td>1%</td>
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<tr>
<td>Other</td>
<td>59%</td>
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ASSOCIATE
up to $99
Michael D. Abell
A. Y. Abraham
A. Y. Abraham
Marilyn P. Alias
Dina A. Alavarez
Laeeq Ahmad, MD, PA
Junaid K. Ahmad
Grace Adonis
Ayoade J. Adeyemi
Aderonke Adeyemi
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George J. Catlett
Robert L. Catlett
Beverly M. Catlett
We believe this to be a complete and accurate listing of donors who gave in 2007; however, we welcome any corrections.

Thank you for your support of Washington Adventist Hospital.